

Month	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR
Theme	INTRO	LOVE	DISCOVER	OTHERS	CONNECT	YOU	GO	ONWARD
<p>Ideas: Do activities that fit each theme one day a week every month or, spend one week a month on a theme.</p> <p>Order free resources from SevenDays.org</p> <p>Download lessons from SevenDays.org</p>	<p>*Staff wear SevenDays shirts</p> <p>Why practice kindness? Intro themes of kindness & start your own Art Competition. Host a Kindness Assembly & request SevenDays.org guest speakers. Request Guest Speaker</p>	<p>*Staff shirts</p> <p>Week 1 Love your family. Week 2 Love your friends. Week 3 Love your neighbor. Week 4 Love your school. How can you show your appreciation?</p> <p>Book Club Theme: Love.</p>	<p>*Staff shirts</p> <p>Week 1 Discover cultures. Week 2 Discover holidays. Week 3 Discover new friends. Week 4 Discover differences.</p> <p>Book Club Theme: Discover.</p>	<p>*Staff shirts</p> <p>Week 1 Explain inclusion of others. Week 2 Good ways to include others. Week 3 What does exclusion look and feel like. Week 4 Take action to include others.</p> <p>Book Club Theme: Others.</p>	<p>*Staff shirts</p> <p>Week 1 Connect with family. Week 2 Connect with friends. Week 3 Connect with “helpers”- fire fighters, police, etc. Week 4 Connect with school staff.</p> <p>Book Club Theme: Connect.</p>	<p>*Staff shirts</p> <p>Week 1 Strong minds- positivity. Week 2 Strong bodies- get physical Week 3 Strong souls- peaceful. Week 4 Put it all together!</p> <p>Book Club Theme: You</p>	<p>*Staff shirts</p> <p>Week 1 Clean & organize playground. Week 2 Write thank you notes to staff Week 3 Understand nature Week 4 Help staff you don't see often</p> <p>Book Club Theme: Go</p>	<p>*Staff shirts</p> <p>Week 1 Choose Kindness goals. Week 2 Choose Understanding goals Week 3 Check Kindness progress Week 4 Check understanding progress</p> <p>Book Club Theme: Onward</p>

More information about SevenDays.org can be found at www.SevenDays.org Let SevenDays.org share your Kindness and Understanding. Email info@SevenDays.org or post on your social media and tag @GiveSevenDays. #GiveSevenDays #BeTheRipple ****Disclaimer: The information above should be adapted to your class- grade level, knowledge base, time restrictions, class make up, etc. Only use what works for your situation.**