

Theme: OTHERS

Educational Resources: 7th – 12th

Activity: Spirit Day- Superhero's

Subject: Any

Prep Time: 10-20 minutes to read through the resources provided

Activity Time: One class period

Activity Description:

The goal of this spirit day is to get students to realize they can all be a superhero to someone.

Direct Instruction –

Teachers start by counting how many students participated in the Superhero Spirit Day to record for any class competition your school is having. Take a few minutes to discuss why SevenDays® chose Superhero's as the costume for Other's Day. Ask them how Superhero's help others? What people do they help? (those in need) Remind students of the lessons that their favorite Superhero movies teach.

1. People are not born bad
2. Good does not always conquer
3. Resilience is rewarding
4. Family is more than biological
5. Everyone has a rival at some point
6. Teamwork is powerful
7. Women are equally capable
8. Cultural diversity is beautiful
9. Superheros are any age
10. Power can be dangerous
11. No one is perfect
12. Heroism comes from within

Teachers will break the class into partners. Use the Think, Pair, Share strategy for this lesson.

Ask students to THINK about which Superhero they would want to be and why. What characteristics does that Superhero possess that they admire or aspire to? Who does that Superhero help and why? Students can jot down notes as they think about their answers.

Partner Activity –

Ask students to PAIR up for the SHARE part. Remind them that listening is very important during the share portion. Let students know they may be responsible for letting the class know what their partner said.

Individual Activity -

Once they have discussed this, teachers ask students to think about how they, as the Superhero, would serve OTHERS. What ripple of kindness would your students make as their Superhero?

Outcome Measurement:

Ask students to write a paragraph describing the importance of looking out for the “other” in their school/community/world. They must include what they will do in the future to show kindness and understanding to the ‘other’.

Sources:

SevenDays® Inc.

<https://movieweb.com/superhero-movies-life-lessons-morals/>

<https://ascd.org/blogs/getting-the-think-pair-share-technique-right>

<https://www.structural-learning.com/post/think-pair-share-a-teachers-guide>

Aligns with Kansas State Standard:

- Social Emotional Character Development Standards, Character Development Model Standards
 - Character Development – Core Principles
 - Personal Development – Self-Management
 - Social Development – Interpersonal Skills

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****Disclaimer: The lesson plan above should be adapted to your class- grade level, knowledge base, time restrictions, class make up, etc. Only use what works for your situation.**