

Theme: OTHERS

Educational Resources: 7th- 12th

Activity: Spirit Day- Root for Others

Subject: Any

Prep Time:

Activity Time: All Day

Activity Description:

The purpose of this lesson is to create more of a connection to another person by getting them to support that person's interests.

Direct Instruction –

Teachers record how many students are participating in the spirit day for any class competition. Start by talking about why wearing something that supports another person's interests is kind.

Explain the importance of students supporting others by wearing a sports jersey of a friend or team that they otherwise might not support. They may be wearing the jersey or t-shirt from any activity at school or out of school including a friend's football jersey, soccer jersey, debate club t-shirt, musical t-shirt, shirt from a club team or activity outside school – like dance studio, club volleyball, tennis team, art club, etc. They could even wear a work t-shirt or hat of a friend.

Group Discussion –

Partner Activity –

Ask students to talk with a partner about this spirit day. Start by explaining to their partner what they are wearing that represents their friend. If they did not participate ask them to think of something they could have worn if they had participated. They must answer the following questions both aloud to their partner and written.

1. What are you wearing and for whom, or what would you wear if you had participated this time?
2. How do you think your friend felt or would feel when asked to participate in this way? Why?
3. How did you feel asking? Why?
4. What is a positive effect of this activity?

Outcome Measurement:

Use the written responses from the partner activity to measure the impact of this activity.

Sources:

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Aligns with Kansas State Standard:

- Social Emotional Character Development Standards, Character Development Model Standards
 - Character Development – Core Principles
 - Social Development – Interpersonal Skills

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****Disclaimer: The lesson plan above should be adapted to your class- grade level, knowledge base, time restrictions, class make up, etc. Only use what works for your situation.**