

Theme: LOVE

Educational Resources: K-6TH

Title: 'I LOVE Me' Collage

Subject: Art

Prep Time: 5-10 min plus time (30 min) to make your example collage

Materials: 1/2 Poster Board for each student, Magazines (make sure there are images of different types of people, activities and families), Glue, Inspirational and positive words about their character and personality including: Kind, Courageous, Responsible, Confident, Compassionate, Inclusive, Healthy, Honest, Funny, Smart, Athletic, Musical, Giving, Pretty (eyes, hair, etc.) _____, Good friend, Good at (dancing, juggling, etc.) _____, Good to (animals, little kids, etc.) _____. etc.

Activity Time: Up to one class period

Activity Description: Students will make a collage about themselves to enforce their love for themselves.

Direct Instruction:

The teacher will make a collage about themselves to present to the class as an example to describe what they love about themselves. Include both personality and physical characteristics.

Note: Give the example of self-love by sharing proudly the things you love about yourself.

Then, hand out magazines and discuss how magazines might depict certain characteristics like eye color, skin tone, activities they excel at, hair color, gender, etc.

Then explain that we are much more than our physical characteristics. Personality comes from decisions we make about behavior we want to show and characteristics we work to have. Show and discuss the words they can use to describe their personality and character. Tell them they can use these and any other words that were not given. Give them time to think about who they are.

Partner Activity:

Have each student talk with a partner about the things they plan to add to their "I LOVE ME" board.

Ask the partners to give feedback with the following:

1. 2 items they agree with- what are the positive characteristics of their partner
2. 1 new suggestion- give at least one new idea of a positive characteristic they see in their partner

Individual Activity:

Students should be given time to create their collage. Remind them to include BOTH physical and personality characteristics.

Group Discussion

Upon completion, have students present their board to a different partner, a small group, or the whole class. Display the collages in the classroom.

Outcome Measurement:

Did the student think and discuss positive characteristics of their own personality and their partner?

Did the student give ethical, thoughtful feedback to their partner?

Did the student have a better understanding and appreciation of their own worth and that of others in their class?

Sources:

Kansas State Standards and SevenDays Inc.

Aligns with Kansas State Standard:

- Social Emotional Character Development Standards, Character Development Model Standards
 - Personal Development – Self Awareness

- Social Development – Interpersonal Skills
- Character Development – Core Principles

Email information or photos of what you did to info@givesevendays.org or share on Facebook at GiveSeven-Days. Please include your school name. Use #GiveSevenDays and #BeTheRipple when posting on social media.

***Disclaimer: The lesson plan above should be adapted to your class- grade level, knowledge base, time restrictions, class make up, etc. Only use what works for your situation.*