

Theme: LOVE

Educational Resources: K-6TH

Title: Writing for Kindness

Subject: Language Arts

Prep Time: 5-10 min

Activity Time: Up to one class period

Activity Description:

Use any form of writing that your class is working on- poetry, short stories, Thank You notes, letters, etc. Have the students write about the theme of LOVE as it relates to kindness in their lives. Each student chooses a person who shows them love to write about, parents, siblings, friends, teachers, grandparents, or anyone they love. This is the student's opportunity to say "I love you" or "I care about you" in a special way.

Ask the students to consider how that person is respectful, supportive, creates a safe culture in their family, school, or community, is kind, loving, or giving to them or others.

Ask the students to think about how that person makes them feel better, what they think of that person and what actions that person takes to make them feel better.

Some examples include:

- Acrostic poem with the word LOVE, KINDNESS, RIPPLE, OR CHANGE
- Letter to "my mom", "my best friend", "my favorite teacher", "my best coach", etc.
- Short story about how a pet has helped them through a hard time
- Thank you note to a grandparent for attending an event, sharing a special family tradition, or just for being their grandparents

Small Groups:

Have students trade papers with peers for editing. Each student should give the following feedback:

1. 3 things the writer did well
2. 1 thing the writer to do to express love more specifically

Outcome Measurement:

Did the students gain a better understanding and appreciation for someone they love?

Did the students share the writing piece with the person they wrote about? What was the response?

Did the students use the correct writing format given, including rules for style, grammar and writing skills in the assignment?

Sources:

Kansas State Standards and SevenDays® Inc.

Aligns with Kansas State Standard-

- Social Emotional Character Development Standards, Character Development Model Standards
 - Character Development – Core Principles
 - Personal Development – Self-Awareness
 - Social Development – Interpersonal Skills

Let SevenDays® share your Kindness and Understanding. Email info@SevenDays.org or post on your social media and tag @GiveSevenDays. #GiveSevenDays #BeTheRipple

****Disclaimer:** The lesson plan above should be adapted to your class- grade level, knowledge base, time restrictions, class make up, etc. Only use what works for your situation.