

Theme: Love

**Educational Resources: 7-12** 

**Activity:** Spirit Week **Subject:** Love-Wear Red

**Prep Time:** None **Activity Time:** N/A

**Activity Description:** Encourage students to wear red clothing items (shirts, pants, socks, jewelry, etc.) to demonstrate the power of love. Often, spirit weeks can be class competitions, which give all students a sense of belonging to a group. Teachers can count the number of students who participate to record the winner of each day. Emphasis that everyone really wins because they participate and belong to your school family.

#### Direct Instruction –

Teachers can ask students in their classrooms why love is important, how love has affected them, how love can affect others. Explain how outward symbols, like wearing the same color, let's you know you are a part of a larger group. You belong. You are loved.

## Group Activity -

Consider taking a photo of the whole class in red. Students can be creative- form a standing heart formation or write the word LOVE with their bodies. Post this physical depiction of love. Share the photo so students see that they belong to a group.

## **Outcome Measurement:**

Ask students to reflect on how being a part of a group makes them feel.

### **Sources:**

# Aligns with Kansas State Standard:

- Social Emotional Character Development Standards, Character Development Model Standards
  - o Personal Development Self Management
  - o Social Development Interpersonal Skills
  - o Character Development Core Principles

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\*\*Disclaimer: The lesson plan above should be adapted to your class- grade level, knowledge base, time restrictions, class make up, etc. Only use what works for your situation.