

Theme: LOVE

Educational Resources: 7-12

Activity: Love Has No Labels

Subject: Any

Prep Time: 10 min. to read through lesson plan, think through your examples, and make sure the link works

Activity Time: 10-30 minutes

Activity Description:

This lesson introduces the concept that love can look different for different people. This topic (diversity and inclusion) could be difficult because many people and cultures have different definitions of acceptable versions of love. Take this lesson as deep as you (your school and district) feel your class can handle.

Direct Instruction –

Begin the lesson by explaining that you are going to show a video about love. You aren't going to tell them more about the video because you want them to experience it and think about their reactions as they are watching. Tell the students you are going to ask for their thoughts after the video.

<https://www.youtube.com/watch?v=PnDgZuGIhHs>

Group Discussion –

After watching the video ask questions to the group. You might give some responses in the beginning to encourage them to share their thoughts. Be careful to stay away from shaming anyone for their thoughts.

Is it what they expected? “Yes” responses could include because it shows all kinds of love. “No” responses could include because it shows kinds of love their values or culture doesn't agree with. If no, continue by explaining that responsible decision making and problem solving includes considering multiple factors like safety, personal and community responsibilities and goals. Everyone deserves to feel safe no matter who they love. It is our personal and community responsibility to make sure others are respected and safe even when we disagree with a belief or action.

What did they like about the video? Inclusion, diversity, happiness, many groups represented, etc.

Were there examples of love that they were surprised by? Let the students give their thoughts and thank them for sharing. Make sure students continue to be respectful.

Individual Activity –

Allow students to write their response in a reaction paper. Have them include things they liked about the video, things they learned during the group discussion and what they will take away from this lesson.

Outcome Measurement: Ask students to write a paragraph about their understanding different types of love. What lesson did they learn about different kinds of love, safety and respect?

Sources: Kansas State Standards and SevenDays® Inc.

Aligns with Kansas State Standard:

- Social, Emotional, Character Development Standards
 - Character Development- Responsible Decision Making and Problem Solving
 - Personal Development- Self- Management
 - Social Development- Social Awareness

Let SevenDays® share your Kindness and Understanding. Email info@SevenDays.org or post on your social media and tag @GiveSevenDays. #GiveSevenDays #BeTheRipple

****Disclaimer: The lesson plan above should be adapted to your class- grade level, knowledge base, time restrictions, class make up, etc. Only use what works for your situation.**