Date	April 10	April 11	April 12	April 15	April 16	April 17	April 18
Day	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday
Theme	LOVE	DISCOVER	OTHERS	CONNECT	YOU	GO	ONWARD
Spirit Wear	Wear red to remember those you love.	Wear a shirt that highlights a different city, state or country. Tell kids at school about your trip there.	Wear something that reminds you of a friend or family member.	Wear a hat, jersey or shirt that shows a team you support. People connect through watching sports.	Wear PJ's so you can take some extra time for yourself this morning.	Wear your favorite workout gear. Go can mean be physically active as well as taking action!	Wear a travel outfit to show your willingness to travel onward to kindness and understanding.
Activity Choose a suggested activities or choose one of your own that fits the theme.	Hand out **stickers** to all students. **Library**- Make display and hand out bookmarks to kids **Commons**- Hang Kindness Posters	Encourage staff to focus on discovering a difference within their field of study. Focus on cultural perspectives within math, science, etc.	**Commons Bulletin Board**- Pedals of a Flower bulletin board- each class makes 1 flower	**Lunch**- Put a card with conversation starter questions at all tables. Include questions that help the kids get to know each other.	Encourage staff to lead a "Mindful Minute" in class today - journaling, yoga pose, meditation, etc.	Encourage staff to take their class on a journey to GO do a kind act, like clean up the playground, take kind notes to the custodians, etc.	**Assembly**- Hold a kindness and understanding assembly. Use guest speakers, discuss your school's onward goals.
Link	SevenDays.org order free resources will open soon.			Lunch Time Conversation			Request Guest Speaker

More information about SevenDays® can be found at www.SevenDays.org Let SevenDays® share your Kindness and Understanding.
Email info@SevenDays.org or post on your social media and tag @GiveSevenDays. #GiveSevenDays #BeTheRipple
**Disclaimer: The information above should be adapted to your class- grade level, knowledge base, time restrictions, class make up, etc.
Only use what works for your situation.