

| Month | SEPT | OCT | NOV | DEC | JAN | FEB | MAR | APR |
|---|--|---|---|--|--|--|---|--|
| Theme | INTRO | LOVE | DISCOVER | OTHERS | CONNECT | YOU | GO | ONWARD |
| <p>Ideas: Do activities that fit each theme one day a week every month or, spend one week a month on a theme.</p> <p>Order free resources from SevenDays® beginning February 2024 SevenDays.org</p> | <p>*Staff wear SevenDays shirts</p> <p>Why practice kindness? Intro themes of kindness & start your own Button Art Competition Host a Kindness Assembly & request SevenDays® Youth guest speakers. Request Guest Speaker</p> | <p>*Staff shirts</p> <p>Week 1 Love your family. Week 2 Love your friends. Week 3 Love your neighbor. Week 4 Love your school. How can you show your appreciation</p> <p>Book Club Theme: Love.</p> | <p>*Staff shirts</p> <p>Week 1 Discover cultures. Week 2 Discover holidays. Week 3 Discover new friends. Week 4 Discover differences.</p> <p>Book Club Theme: Discover.</p> | <p>*Staff shirts</p> <p>Week 1 Explain inclusion of others. Week 2 Good ways to include others. Week 3 What does exclusion look and feel like. Week 4 Take action to include others.</p> <p>Book Club Theme: Others.</p> | <p>*Staff shirts</p> <p>Week 1 Connect better with family. Week 2 Connect better with friends. Week 3 Connect better with “helpers”- fire fighters, police, etc. Week 4 Connect better with school staff.</p> <p>Book Club Theme: Connect.</p> | <p>*Staff shirts</p> <p>Week 1 Strong minds-positivity. Week 2 Strong bodies-get physical Week 3 Strong souls-peaceful. Week 4 Put it all together! Book Club Theme: You</p> | <p>*Staff shirts</p> <p>Week 1 Outside kindness-Clean playground. Week 2 Inside kindness-thank you notes to staff Week 3 Outside understanding-nature Week 4 Inside understanding-staff you don’t see often Book Club Theme: Go</p> | <p>*Staff shirts</p> <p>Week 1 Choose Onward Kindness goals. Week 2 Choose Onward Understanding goals Week 3 Check Kindness progress Week 4 Check understanding progress Book Club Theme: Onward</p> |

More information about SevenDays® can be found at www.SevenDays.org Let SevenDays® share your Kindness and Understanding. Email info@SevenDays.org or post on your social media and tag @GiveSevenDays. #GiveSevenDays #BeTheRipple ****Disclaimer: The information above should be adapted to your class- grade level, knowledge base, time restrictions, class make up, etc. Only use what works for your situation.**