Theme of the Day: LOVE



Educational Resources- K-6

Activity 1: Writing for Kindness

Subject: Language Arts

Prep Time: 5-10 min Activity Time: Up to one class period

Activity Description:

Use any form of writing that your class is working on- poetry, short stories, Thank You notes, letters, etc.

Have the students write about the theme of love as it relates to kindness in their lives. It could relate to their parents, siblings, friends, teachers, grand parents or anyone they love. This is the students opportunity to say "I love you" in a special way. Ask the students to include how they think that person is kind, loving, or giving to them or others.

Some examples include:

- -Acrostic poem with the word LOVE, KINDNESS, RIPPLE, OR CHANGE
- -Letter to "my mom", "my best friend", "my favorite teacher", "my best coach", etc.
- -Short story about how a pet has helped them through a hard time
- -Thank you note to a grandparent for attending an event, sharing a special family tradition, or just for being their grandparents

Activity 2: "Love is as easy as..."

Subject- Any or Art

Prep Time: 10-20 min. Activity Time: 10 min- up to one class period

Activity Description:

Teachers cut out heart shaped papers in a variety of colors. Teachers then put out craft supplies and markers to write the statement "Love is as easy as..." Have the students use their creativity to complete the statement on a paper heart. The students can decorate the heart with craft supplies at school. Once they have completed the sentence, they can share their work in a whole group, small groups, on social media (see instructions below), or on a bulletin board. Discuss why it is important to show love in quick and easy ways everyday. Explain that we never know what someone else is going through and that sharing small acts of love can change the world for that person.

Share photos or activities to info@givesevendays.org or share on Facebook at GiveSevenDays. Please include your school name. Use # givesevendays or #BeTheRipple when posting on your own social media.