

Theme of the Day: YOU



## **Educational Resources- 7th - 12th Grade**

Activity: Spirit Day

Subject: Any

Prep Time: N/A

Activity Time: N/A

*Activity Description: \*Read the information below for school announcements the day before this Spirit Day.*

For YOU day, dress in clothes that represent YOU. For instance, if you are into sports and are very athletic, you can wear athletic clothes. If you like art, dress as an artist would. Whatever you can wear that will represent your personality and interests, go for it! Teachers are encouraged to ask the class to share why they dressed as they did.

Activity: Talk about YOU!

Subject: Any

Prep Time: 0

Activity Time: 15 minutes

**Activity Description:**

Encourage students to talk in small groups about what traits they possess that makes them special. Teachers can ask leading questions like:

1. What personality traits are your best?
2. What do you do that makes you happy?
3. How do you think other people describe you? Why?

They can write their thoughts on a sticky notes to put in the classroom if they want and can also tell their classmates about what hobbies they have and what they like to do in their free time.